

Agenda: Mental Health Services Act (MHSA) Community Policy Advisory Committee (CPAC) Meeting February 2012

Purpose To meet monthly for MHSA program implementation updates, review MHSA legislation and other state updates as well review & provide feedback and approval of new MHSA plans and programs.

Meeting date, time, and location Date: Thursday, February 16, 2012
Time: 9:00 – 11:00 AM
Place: 850 E Foothill Blvd. Rialto, CA 92376
Behavioral Health Resource Center (BHRC) – Auditorium

Discussion items The table below identifies specific topics to be addressed at this meeting:

Topic	Presenter	Handout
Welcome and Introductions	CaSonya Thomas	
MHSA State Policy and State Budget Updates	CaSonya Thomas	http://www.mhsoac.ca.gov/Counties/Innovation/Innovation.aspx
CSS Housing	Doug Fazekas	
MHSA Planning Updates <ul style="list-style-type: none">Prevention and Early Intervention Community Planning	Michelle Duisk	
Other Items/Comments	All	

Next Meeting Thursday, March 15, 2012 from 9:00 AM – 11:00 AM at BHRC

Contact Information Should you require further information or wish to update your contact information please call (909) 252-4011 or email Rebecca Aguilar at raguilar@dbh.sbcounty.gov. Thank you.

**County of San Bernardino
Department of Behavioral Health**

Housing and Employment Program Update 02/16/2012

Master Leasing

- Approximately \$2.8 million over a six-year period to subsidize 35 vouchers are available through the local Housing Authority.
 - There are 33 consumers involved in the program: 17 are leased up, 5 with a voucher and 11 pending orientation, background check, or review & interviews.
-

**New Horizons
II/Good
Samaritan**

- 63 Shelter-Plus-Care grant vouchers for tenant based housing assistance for mentally ill and co-occurring individuals & families; 46 are for New Horizons II and 17 for Good Samaritan for chronically homeless.
 - There are 58 consumers involved in the programs: 52 leased up, 5 with a voucher and 2 pending orientation, background check, or review & interviews.
 - Total of two grants amount to \$3.7 million
-

**Stepping
Stones**

- There are currently 42 consumers involved in the program: 37 leased up, 1 with vouchers, and 4 pending orientation, background check, or review & interviews.
 - On December 20, 2011 the federal department of Housing and Urban Development (HUD) awarded the Housing Authority and DBH \$364,740 for tenant based housing vouchers under the Shelter Plus Care Renewal Program. (Note: HUD initially awarded this grant back in 2002).
-

Laurelbrook

- 27 Shelter-Plus-Care vouchers for project based housing assistance for mentally ill and co-occurring individuals & families.
 - There are properties in Fontana, Montclair, Rancho Cucamonga, Hesperia and Yucca Valley. The units have 1-3 bedrooms.
 - There are currently 16 consumers involved in the program: 6 leased up, 10 pending orientation, background check or review & interviews.
-

Five Agency MOU	<ul style="list-style-type: none"> • The next Housing Policy Advisory Committee (HPAC) is scheduled for February 15, 2012. • The next Technical Review Committee meeting is scheduled for January 24, 2012.
Project Gateway	<ul style="list-style-type: none"> • On July 7, 2010, we received notice that our grant application for Project Gateway in the City of Ontario for \$797,760 over a 5-year period was approved by HUD. The city, using NSP (Neighborhood Stabilization Program) funds, has purchased 12 apartments in which to house MHSA consumers. Mercy House Living Center, Inc. and DBH will provide the in-kind service match. • On October 4, 2011, the City of Ontario approved the MOU for Project Gateway. • On December 21, 2011 the first tenant leased up. The official opening of this housing project is February 2012.
Laurelbrook Estates II Project	<ul style="list-style-type: none"> • On July 7, 2010, we received notice that our grant application for Laurelbrook Estates Housing Project II for \$3,631,320 was approved. The project will provide 27 project-based units at five different locations (one in each supervisorial district) throughout the county for MHSA consumers. • The first applicant leased up on August 15, 2011. There are currently 6 tenants living in the properties and 10 more pending orientation, background check or review & interviews.
Lantern Woods Project Phoenix (TAY Housing in San Bernardino)	<ul style="list-style-type: none"> • The Housing Authority of the County of San Bernardino has applied for \$1,012,374 in MHSA Capital subsidy to purchase and rehabilitate a structure in the city of San Bernardino to provide housing for Transitional Aged Youth (TAY) youth. The project will provide 9 bedrooms for TAY youth. • On April 28, 2011, HUD announced the Lantern Woods grant was awarded for the amount \$2,243,280.00 of which \$696,960 is designated for the Phoenix Apartments Project • On 11/15/2011 the BOS approved the MOU for Project Phoenix. • Grand Opening for Project Phoenix is tentatively scheduled for March 2012.
Loma Linda	<ul style="list-style-type: none"> • On November 3, 2011, the Housing Authority received approval to transfer the Shelter-Plus-Care vouchers originally associated with the city of Barstow to a new location in the city of Loma Linda consisting of two eight-unit sites. The Housing Authority is in the process of relocating existing residents over the next 90 days. • The Housing Authority expects to have the units available by summer 2012.

MHSA-Housing
Project Fairway

- On February 14, 2011, we received an MHSA Pre-Application named Project Fairway Apartments in the city of Colton, CA. The developer is a partnership between Telacu Homes, INC and Global Premier Development, INC.
- The project consists of 38 total units with 10 allocated as MHSA units. The developer is requesting MHSA funds in the amount of \$1,124,864.
- The application is pending approval by the City of Colton Housing Sub Committee before moving forward. On December 13, 2011 the developer, CSH-housing consultant and DBH staff met with the City of Colton Executive staff and the Housing Sub-Committee to discuss Project Fairway and their request to utilize MHSA Housing funds. Next steps: On February 27, 2012 the city Housing Sub-Committee and DBH Housing staff, FSP and the County of Orange will meet to discuss an existing MHSA housing project in the city of Irvine.

Coy D Estes

- Coy D. Estes a proposed senior housing project with approximately 10 one bedroom units have been set-aside for the mentally ill out of a total of 72 units in the city of Upland. The Pre Application for MHSA funds is currently on hold. The city is reviewing the process with the current elimination of redevelopment funding for this project.

Project
Corner Stone

- DBH Housing Program has written a new Shelter Plus Care project named Project Cornerstone. This is a collaboration with our local Housing Authority for 33 individuals.
- This will be a tenant based S+C application where clients can choose a place to live anywhere within the county. This grant was submitted to the Continuum of Care NOFA on October 28, 2011. If awarded it will be for five years at approximately \$1.9 million dollars.

Project
Whispering
Pines

- DBH Housing Program has written a new Shelter Plus Care project named Project Cornerstone. This is a collaboration with our local Housing Authority for 16 individuals.
- This will be a tenant based S+C application where clients can choose a place to live anywhere within the county. This grant was submitted to the Continuum of Care NOFA on October 28, 2011. If awarded it will be for five years at approximately \$934,040.00.

Lugo Senior
Housing Project

-
- On October 11, 2011, Meta Housing submitted an MHSA Pre-Application for MSHA funding. The Lugo Senior Housing Project consists of 119 total units with 10 designated for MHSA.
 - The Lugo Senior Housing Project initiated a 30-day posting for public comment effective 11/1/11 until 12/1/11. There were no comments on their project during the 30 day posting.
 - On December 6, 2011 the BOS approved this project. The developer submitted the MHSA application to State DMH and CalHFA.
 - On January 12, 2012, State DMH had no comments and approved the Lugo Senior Housing project as is. Currently, the project is being reviewed by CalHFA.
 - On February 16, 2012 CalHFA, the developer, property manager and DBH Housing staff will meet to discuss the financial aspect of Project Lugo Senior Housing.

Las Terrazas

On January 5, 2012 the developer AMCAL submitted a MHSA Housing Pre-Application for 72 units for family housing. Total cost of the development is \$15 million dollars. Twelve (12) units are set a-side for TAY population or families. The cost of MHSA funding is \$1,344,000 for capital funds and \$1,344,000 for capital operating subsidies. The project is located in the unincorporated area of the county near Colton.

- A community Outreach meeting has been rescheduled for February 28, 2012
- The Executive Housing group will be reviewing their case on February 28, 2012

On January 5, 2012 the developer AMCAL submitted a MHSA Housing Pre-Application for 64 senior housing units. The total cost of development is \$12 million dollars. Ten (10) units are set a-side for seniors. The cost of MHSA funding is \$1,169,850 for capital and \$1,169,850 for capital operating subsidies. The project is located in the city of Loma Linda.

- A community Outreach meeting has been rescheduled for February 28, 2012
- The Executive Housing group will be reviewing their case on February 28, 2012



Van Leuven Street Senior Apartment Homes

Loma Linda, CA

AMCAL Multi-Housing, Inc.
20414 Agoura Road, Suite 100
Agoura Hills, CA 91301
818.700.0884

17 Dec 2011

WILLIAM HEZMAJALCH
ARCHITECTS INC.
10000 Wilshire Blvd, Suite 1000
Beverly Hills, CA 90210
310.274.1111

Perspective

Proposed for 10 MHSA Housing Units for Older Adults

SENIOR HOUSING PROJECT

Gross Site Area:
(Not Including RDA Parcel)
151,806 SF
3,485 AC

R3 Zone = 2,200 SF/Unit =
69 Max. Units
Proposed Project =
64 Senior Apartments
18.36 DU/AC

Legal Description

San Bernardino County, California
M.B. 283 Page 20 &
M.B. 0283 Page 14

0283-142-08: 0.10 ac
0283-142-07: 0.47 ac
0283-142-11: 0.47 ac
0283-142-12: 0.86 ac
0283-201-44: 1.58 ac
5 Existing Lots

Mix: 1 BR: 553 SF = 51 = 79.6%
2 BR: 784 SF = 13 = 20.3%

Corridors: Per Bldg: 872x2 = 1744 SF
Elevator: Per Bldg: 124x2 = 248 SF
Corridors: Total: 1744x3 = 5,232 SF
Elevator: Per Bldg: 248x3 = 744 SF

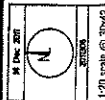
Total Parking Required (1 per unit) = 64
Covered Required (0.5/unit) = 32
Garages Required (10% of Total) = 6
Total Pkg Provided (1.125 per unit) = 72
Covered Provided (0.515/unit) = 33
Garages Provided (10% of Total) = 6

Open Space Required:

600 SF/1 BR = 30,600 SF
700 SF/2 BR = 9,100 SF
Total Req'd = 39,700 SF

Open Space Provided:

All Units: Balcony or Patio 57 SF = 3,648 SF
Non-Setback, 15' Min. Width including Rec Bldg =
61,182 SF
Total Open Space Provided: 64,830 SF



AMCAL Multi-Housing, Inc.
30414 Agoura Road, Suite 100
Agoura Hills, CA 91301
818.708.0684

Van Leuven Street Senior Apartment Homes Loma Linda, CA



WILLIAM HEZMALHALCH
ARCHITECTS, INC.
2800 RIVERSIDE AVENUE SUITE 200 SANTA ANA, CA 92705-5045
949.757.0007 www.wheh.com

Site: Dallas 1

PROJECT INFORMATION

PROJECT LOCATION: Between N. Hermosa ave. and N. Cypress Ave. on W. Valley Blvd. Colton, CA

TOTAL LOT AREA: 4.9 acres

TOTAL UNITS: 72 UNITS

CURRENT ZONING: 14.7 DU/acre

OCCUPANCY: WEST VALLEY SPECIFIC PLAN R-2, S-2

CONSTRUCTION TYPE: TYPE V

BUILDING TYPE: MEDITERANEAN

ARCHITECTURAL STYLE: 2

NUMBER OF STORIES: 62,500 SF (29.5%)

BUILDING COVERAGE: 121,000 SF

F.A.R.: 0.57

MINIMUM YARD SETBACKS: 25'-0"

FRONT YARD: 15'-0"

SIDE YARD: 20'-0"

REAR YARD: 17'-6"

DEVELOPER: AMCAL Multi-Housing, Inc. 30141 AGOURA ROAD SUITE 100, AGOURA HILLS, CA 91301 (818) 706-0664

PARKING SUMMARY

RESIDENTIAL

PARKING REQUIRED (PER SBC DEVELOPMENT CODE 83.11.03)
2.0 space per dwelling units (covered)
72 units x 2.0 spaces = 144 spaces

0.5 spaces per dwelling units (guest uncovered)
72 units x 0.5 spaces = 36 spaces

TOTAL RESIDENTIAL PARKING REQUIRED = 188 spaces
*INCLUSIVE OF GUEST PARKING SPACES

PARKING REQUIRED (PER SB1818)
1.0 space per 1BR units
18 units x 1.0 space = 18 spaces

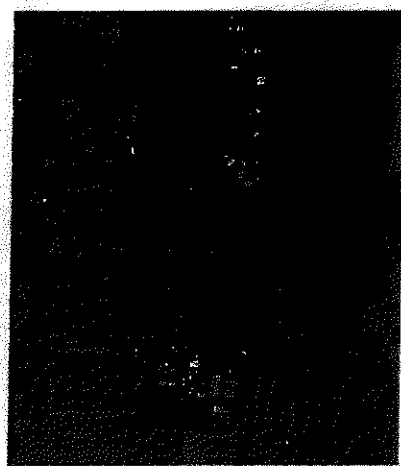
2.0 spaces per 2 AND 3 BR
54 units x 2.0 spaces = 108 spaces

TOTAL RESIDENTIAL PARKING REQUIRED = 126 spaces
*INCLUSIVE OF GUEST PARKING SPACES

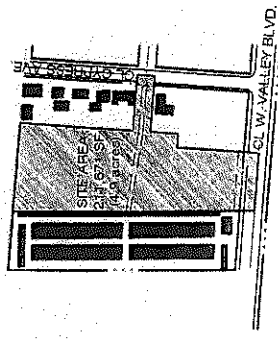
PARKING PROVIDED
RESIDENT PARKING SPACES = 119 spaces
GUEST PARKING SPACES = 8 spaces

TOTAL PARKING PROVIDED = 127 spaces

VICINITY MAP



SITE AREA DIAGRAM



COMMERCIAL

PARKING REQUIRED (PER SBC DEVELOPMENT CODE 83.11.04)
1.0 space per 250 GLA
4,000 SF x 1/250 space/sf = 16 spaces

TOTAL COMMERCIAL PARKING REQUIRED = 16 spaces

TOTAL COMMERCIAL PARKING PROVIDED = 16 spaces

UNIT SUMMARY

PLAN	DESCRIPTION	QNTY	AREA	TOTAL AREA
1	1 BR 1 BA	18 (20%)	700 sf	12,600 sf
2	2 BR 2 BA	30 (47%)	900 sf	27,000 sf
3	3 BR 2 BA	24 (33%)	1,100 sf	26,400 sf
TOTAL UNITS:		72 total units provided		66,000 sf

AMENITIES:

COMMUNITY ROOM - 2,100 sf
TOT LOT / GARDEN / BBQ - 25,000 sf

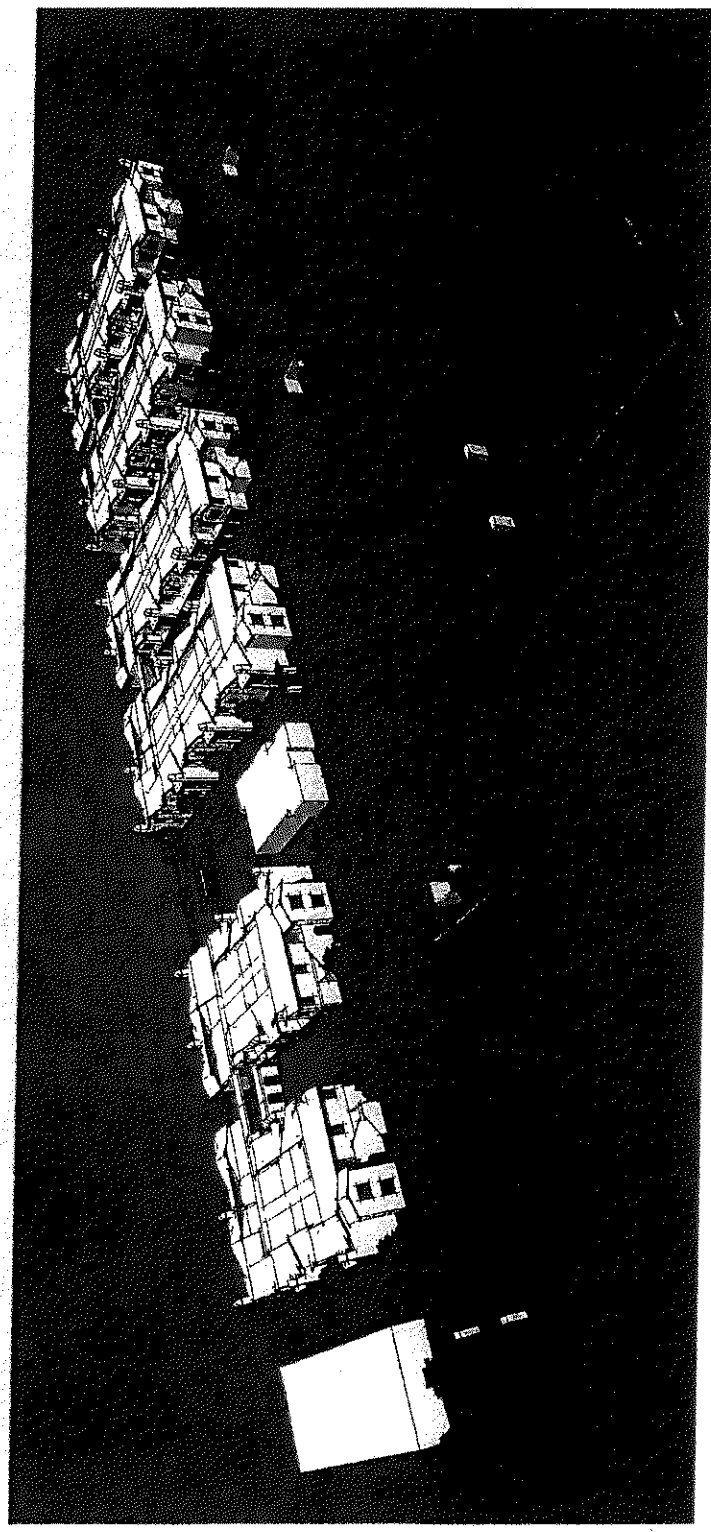


LAS TERRAZAS

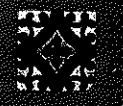


UNITS AVAILABLE FOR RENT OR PURCHASE

Proposed for 2011/12/13/14/15/16/17/18/19/20/21/22/23/24/25/26/27/28/29/30/31/32/33/34/35/36/37/38/39/40/41/42/43/44/45/46/47/48/49/50/51/52/53/54/55/56/57/58/59/60/61/62/63/64/65/66/67/68/69/70/71/72/73/74/75/76/77/78/79/80/81/82/83/84/85/86/87/88/89/90/91/92/93/94/95/96/97/98/99/100



LAS TERRAZAS



ASSOCIATION OF REALTORS



County of San Bernardino Department of Behavioral Health

Workforce Education & Training Plan Implementation Update

Statewide program implementation update

The statewide administered programs are being implemented as follows:

- Regional Partnerships: Monthly meetings are occurring. The group created a Southern Counties Regional Partnership "WET Plan". Bimonthly Directors conference calls and Monthly Collaborative calls are regularly occurring.
 - San Bernardino County had about 70 staff apply for the Mental Health Loan Assumption program.
-

Training and Technical Assistance

The following is the status on the actions in the Training and Technical Assistance category:

Action	Implementation Status
Training to Support the Fundamental Concepts of MHSA	Training is being provided as needed. The master training calendar for FY 11/12 has been created and is on the DBH website.
Development of Core Competencies	The core competency project is completed. The final report was presented to the Workforce Development Committee in May. The Regional Partnership will be facilitating the further development of the competencies.

Mental Health Career Pathways

The following is the status on the actions in the Mental Health Career Pathways category:

Action	Implementation Status
Outreach to High Schools, ROP, Community Colleges, and Adult Ed	<ul style="list-style-type: none">• The ROP teachers who participated in the job shadowing developed curriculum and lesson plans that will be posted on the State Department of Education website. WET conducted a presentation at a statewide education for careers conference to share our ROP training.• An MOU with ROP is final which will allow the Training Institute to provide training for ROP teachers. The first training was held on October 13. Ten teachers attended
Leadership Development	The second group has been selected and began classroom training February 15.
Peer and Family Advocate Workforce Support Initiatives	The Adult Ed workforce prep program will be held in San Bernardino and the High Desert starting in March.

Continued on next page

WET Update, Continued

Residency, Internship Programs

The following is the status on the actions in the Residency/Internship Programs category:

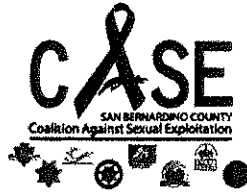
Action	Implementation Status
Expand Existing Internship Program	<ul style="list-style-type: none">• The application process for school year 12/13 is underway.• The first cohort of License Exam Prep Program materials have been delivered to fifty-two staff. Thirty-six staff have passed at least one exam so far. The second cohort of the program for this fiscal year includes thirty-eight additional staff who have received materials with thirteen passing at least one exam so far. The third cohort recently received their study materials to begin preparing for the exam.
Psychiatric Residency Program	This program was finished as a WET program on June 30. ARMC was able to obtain funding from Patton to continue the program.

Financial Incentive Programs

The following is the status on the action in the Financial Incentive Programs category:

Action	Implementation Status
Scholarship Program	A draft process has been developed. It is going to be rolled out this spring as a pilot for county staff. If successful, it will be rolled out to contract agency staff next year.
Increase Eligibility of Federal Workforce Funding	San Bernardino County has a total of 26 MSSA's of which 7 are currently designated as MHPSAs. The most recent designation was finalized in December. A renewal for an MSSA whose certification was expiring was approved by the State in December and is awaiting final Federal approval. WET staff completed an analysis to determine which of the remaining 19 might have a chance to be designated. Additionally, WET staff is working on additional site certifications as well as updating the current certifications for DBH sites.

COALITION AGAINST SEXUAL EXPLOITATION



Project Update February 2012

CASE Team continues to work with juveniles detained at the detention centers, those on probation or part of Children and Family Services system and those in the community referred by other agencies/departments. The CASE Team provides assessment, intervention, resources, referrals and support to families and teens that are at-risk or involved in commercial sexual exploitation. Currently working with about 30 young women at various stages of the recovery process.

Recent Accomplishments:

- Hygiene supply kits were put together for our law enforcement partners containing hair brushes, toothbrushes, toothpaste, chapstick, flip-flops, sweatpants and shirts as well as other items. Kits will be used by local police departments with victims of sexual exploitation.
- Anti-Human Trafficking Awareness Walk held on January 28th was very successful. Over 200 people were in attendance. Great press coverage by the Press-Enterprise and the San Bernardino Sun.
- Film screening of "Very Young Girls" at Valley College in January.
- Law Enforcement training hosted by the District Attorney and Sheriff's Department in Ontario. 85 officers from San Bernardino County and surrounding areas in attendance.
- Established a Speaker's Bureau who are trained to make short presentations in the communities about commercial sexual exploitation and CASE.
- Annual Report 2011 completed.
 - For a copy, please email anne-michelle.ellis@hss.sbcounty.gov.
- Facebook page: www.facebook.com/sanbernardinocase

Goals:

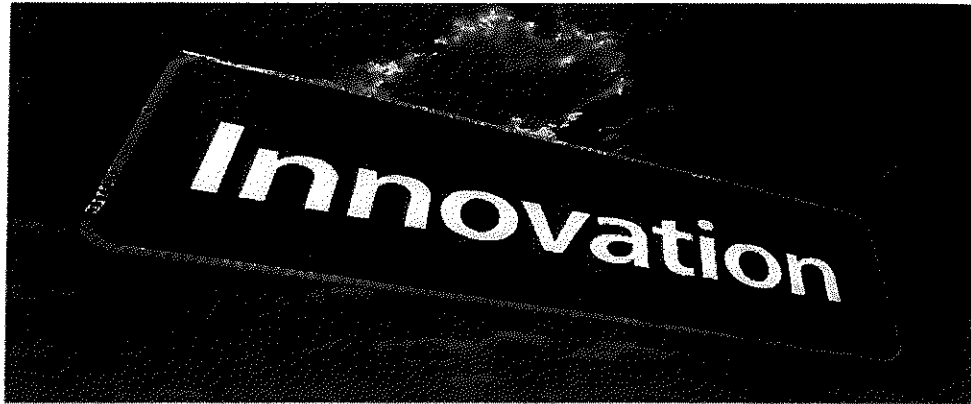
- Continue working on establishing a contract with a provider that would establish a drop-in center on Baseline in San Bernardino.
- Work with new runaway shelters as a place for victims of trafficking. Have also explored longer-term residential programs. Currently working with the placement division of Probation to include local residential treatment programs on their list of placements.
- Continue to conduct monthly trainings for service providers and law enforcement.

Please go to <http://sbcase.eventbrite.com> for a complete listing of all the trainings and other events CASE is planning.

CASE
Anne-Michelle Ellis, Coordinator
(909) 383-9608

February 2012

OFFICE OF



ODCE Online Diverse Community Experience

Our Facebook Page began collecting viewer "Insight" information on January 10, 2011.

Likes: 191

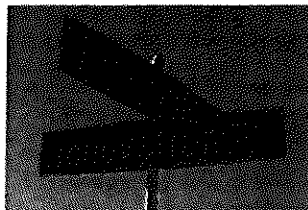
Cumulative page views: 2,081

Cumulative newsfeed views: 36,504

To boost activity on the Spanish Facebook page, we are working to install computers at the Mexican Consulate, where we expect to reach consumers and increase access to DBH services.

HC Holistic Campus

Contractors are still making building renovations and providing some services in temporary locations throughout San Bernardino County.



CRM Community Resiliency Model

TRI is expanding to include Veterans and Military families.

CASE Coalition Against Sexual Exploitation

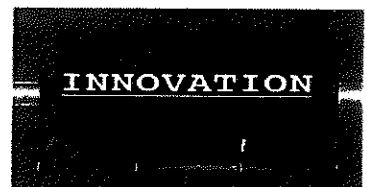
*Presenter: Anne-Michelle Ellis,
project coordinator.*

IYRT Interagency Youth Resiliency Team

The Board of Supervisors signed 3 IYRT Contracts on January 10, 2012!

TBHH TAY Behavioral Health Hostel

Scope of Work and Request for Action have been completed and submitted.



Office of Innovation - January 2012

Isaac Jackson

Emily Jernigan

Elizabeth Espinosa

OFFICE OF CULTURAL COMPETENCY AND ETHNIC SERVICES



PROJECT UPDATES AS OF JANUARY 2012

Prevention and Early Intervention

Promotores de Salud Mental

The Promotores de Salud Mental (Community Health Workers) are out in the community providing presentations to the Latino Communities of San Bernardino County.

As of January 2012 the Promotores have reached **6,472** individuals in San Bernardino County. Through

- General Behavioral Health presentations,
- Strategically planned events,
- Community Health Fairs, and
- Networking at community meetings.

To contact the promotores de salud program please call (909) 884-3735

Native American Resource Center

The Native American Resource Center as of January 2012 has reached **3,135** individuals in San Bernardino County.

For more information on activities and services provided, please call (909) 864-1097 Ext. 3324

Resilience Promotion in African American Children Services

The LaBaron Group provided Effective Black Parenting classes to parents of the Resilience Promotion program at the Temple Community Outreach Center.

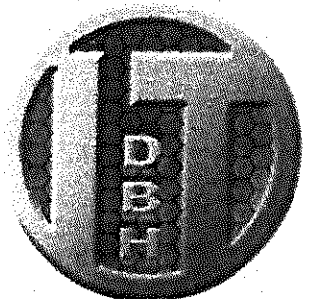
Tutoring services were provided to Resilience Promotion participants at the community center and also at Arroyo Valley High School.

Peacemakers program provided at Arroyo Valley High School, program is weekly.

Meet the Pros activities were conducted at Rio Vista Elementary.

Office of Information Technology: CPAC Update

February 16, 2012



Office of Information Technology: Status Update – February 16, 2012

MHSA - Technology Projects:

SB07 – Data Warehouse Continuation - Completed

- Define points-of-interest for ongoing enhancements. – In progress.

SB08 – Electronic Health Record (EHR) – In Progress

SB10 - Behavioral Health Management Information Systems (BHMIS) Replacement – In Progress

- Bidders Conference was January 4, 2012. Written vendor questions were due 1/11/2012.
- DBH written responses to vendor questions – Due to the number and nature of questions received, the timeline was moved. The responses are expected to be released by the end of this week (February 17, 2012) pending final approval from County Counsel.
- Estimated/expected contract start date is now September 1, 2012.

SB09 – Empowered Communication/SharePoint – In Progress

- Wireless network for Hospitality was activated on Tuesday, 1/10/2012.

SB11 – Virtual Desktop Environment – In progress

- Evaluating feasibility/cost for the Gilbert Street Implementation.

AD Projects

- PEI Application – In Progress. Demo of prototype to customers scheduled for 2/14/12.
- Correspondence Log – Medical Records - On hold
- Innovations – Consumer intake information – On hold
- 837/835 Reconciliation System – In Progress
- Simon enhancements for provider 837 / 835 file receipt / push – Definition Phase





ADULT SYSTEM OF CARE



Mental Health Services Act Programs

Age Wise I (Older adults)

System Development

Full older adult caseloads with increased access to services through MHSA. Services are provided to all San Bernardino County areas, including Morongo Basin.

New "Older Adult FSP Tool Kit" available at <http://www.cimh.org/Learning/Publications-DVD/Toolkits.aspx>

Upcoming training: "Our Aging Population" and Chaffey College event "When I'm 64"

Senior Peer Counseling program- There are 3 Peer Counselors for the San Bernardino Valley area and 8 in the High Desert, Victor Valley area. They provide 1:1 services as well as outreach to Senior Centers and other Senior community organizations.

Age Wise II (Circle Of Care)

Full Service Partnership

Circle of Care serves full case loads with Older Adults in the high desert area. They were able to celebrate the graduation of two of their consumers from the program. Their expansion of services and collaboration included 13 crisis referrals from CCRT, Law Enforcement, Dept. of Adult and Aging Services St. Mary's Medical Center, WIC clinic, and Adult Protective Services.

Homeless Intensive Case Management And Outreach Services- HICMOS

Homeless FSP teams provide assessment, case management, crisis intervention, community resources, benefit acquisition and housing referrals and support to FSP consumers who are homeless or at-risk of being homeless. Full caseloads with no hospitalizations or incarcerations this past reporting period.

Homeless Program-System Development

205 system development contacts were completed. Collaboration with other agencies serving the homeless such as with Office of Homeless Services, Homeless Provider Network, and faith-based organizations is on-going.

Age Wise II-Outreach

Circle of Care provided outreach to a variety of community agencies: Tender Hearts program, High Desert homeless shelter in Victorville, Desert Manna homeless shelter in Barstow, and senior mobile home parks. Utilization of the Mobile outreach includes providing transportation also for consumers 6 medical transports, 9 psychiatric, 5 for groceries and 6 to the pharmacy for medications.

Assertive Community Treatment
Telecare ACT Program

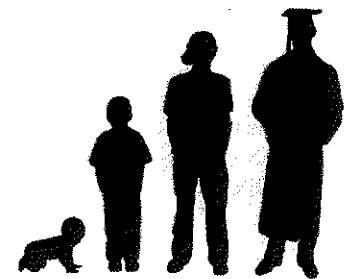
This program is serving and providing Assertive Case management to 98 consumers last month. There were no Psychiatric hospitalizations or incarcerations. The Telecare MHSA ACT program is designed to provide community-based assertive case management and support, 24/7 to 60 seriously and persistently mentally ill consumers who are frequent users of acute psychiatric hospitalization and/or who are in the cycle of arrest and incarcerations.

MHSA PEI Community Planning Process 2012
Changing Community Needs and Assets

Positive Trends		Negative Trends	
Needs Decreasing:	Population(s) Benefitting:	Needs Increasing:	Population(s) Affected:
Community Assets Increasing Relative to Need:		Community Assets Decreasing Relative to Need:	

Note: Assets are anything that makes a community and its members stronger — this may include people (e.g. community leaders), places (churches, hospitals, libraries, community centers), businesses, or support programs and services. Growth in assets may also be due to successful PEI programs that are creating positive results in the community.

Risk and Protective Factors for Mental, Emotional, and Behavioral Disorders Across the Life Cycle



Disorders

- depression
- anxiety
- substance abuse
- schizophrenia
- conduct disorders

Type of Factor

- risk factor
- protective factor

Sources of Risk/Protective Factors

- individual
- family
- school/community

- Difficult temperament
- Insecure attachment
- Hostile to peers, socially inhibited
- Irritability
- Fearfulness
- Difficult temperament
- Head injury
- Motor, language, and cognitive impairments
- Early aggressive behavior
- Sexual abuse

- Parental drug/alcohol use
- Cold and unresponsive mother behavior
- Marital conflict
- Negative events
- Cold and unresponsive mother behavior
- Parental drug/alcohol use
- Family dysfunction
- Disturbed family environment
- Parental loss

- Poor academic performance in early grades
- Specific traumatic experiences
- Negative events
- Lack of control or mastery experiences
- Urban setting
- Poverty

- Self-regulation
- Secure attachment
- Mastery of communication and language skills
- Ability to make friends and get along with others

- Reliable support and discipline from caregivers
- Responsiveness
- Protection from harm and fear
- Opportunities to resolve conflict
- Adequate socioeconomic resources for the family

- Support for early learning
- Access to supplemental services such as feeding, and screening for vision and hearing
- Stable, secure attachment to childcare provider
- Low ratio of caregivers to children
- Regulatory systems that support high quality of care

(family risk factors continued)

- Parents model, prompt, and reinforce threat appraisals and avoidant behaviors
- Marital conflict; poor marital adjustments
- Negative life events
- Permissive parenting
- Parent-child conflict
- Low parental warmth
- Parental hostility
- Harsh discipline
- Child abuse/maltreatment
- Substance use among parents or siblings
- Parental favorable attitudes toward alcohol and/or drug use
- Inadequate supervision and monitoring
- Low parental aspirations for child
- Lack of or inconsistent discipline
- Family dysfunction

(school/community risk factors continued)

- School failure
- Low commitment to school
- Peer rejection
- Deviant peer group
- Peer attitudes toward drugs
- Alienation from peers
- Law and norms favorable toward alcohol and drug use
- Availability and access to alcohol
- Urban setting
- Poverty

- Negative self-image
- Apathy
- Anxiety
- Dysthymia
- Insecure attachment
- Poor social skills: impulsive, aggressive, passive, and withdrawn
- Poor social problem-solving skills
- Shyness
- Poor impulse control
- Sensation-seeking
- Lack of behavioral self-control
- Impulsivity
- Early persistent behavior problems
- Attention deficit/hyperactivity disorder
- Anxiety
- Depression
- Antisocial behavior
- Head injury
- Self-reported psychotic symptoms

- Parental depression
- Poor parenting, rejection, lack of parental warmth
- Child abuse/maltreatment
- Loss
- Marital conflict or divorce
- Family dysfunction
- Parents with anxiety disorder or anxious childrearing practices
- Parental overcontrol and intrusiveness

- Peer rejection
- Stressful life events
- Poor grades/achievements
- Poverty
- Stressful community events such as violence
- Witnessing community violence
- Social trauma
- Negative events
- Lack of control or mastery experiences

- Mastery of academic skills (math, reading, writing)
- Following rules for behavior at home, school, and public places
- Ability to make friends
- Good peer relationships

- Consistent discipline
- Language-based rather than physically-based discipline
- Extended family support

- Healthy peer groups
- School engagement
- Positive teacher expectations
- Effective classroom management
- Positive partnering between school and family
- School policies and practices to reduce bullying
- High academic standards

ADOLESCENCE



- Female gender
- Early puberty
- Difficult temperament: inflexibility, low positive mood, withdrawal, poor concentration
- Low self-esteem, perceived incompetence, negative explanatory and inferential style
- Anxiety
- Low-level depressive symptoms and dysthymia
- Insecure attachment
- Poor social skills: communication and problem-solving skills
- Extreme need for approval and social support
- Low self-esteem
- Shyness
- Emotional problems in childhood
- Conduct disorder
- Favorable attitudes toward drugs
- Rebelliousness
- Early substance use
- Antisocial behavior
- Head injury
- Marijuana use
- Childhood exposure to lead or mercury (neurotoxins)



- Parental depression
- Parent-child conflict
- Poor parenting
- Negative family environment (may include substance abuse in parents)
- Child abuse/maltreatment
- Single-parent family (for girls only)
- Divorce



(family risk factors continued)

- Marital conflict
- Family conflict
- Parent with anxiety
- Parental marital conflict
- Family conflict (interactions between parents and children and among children)
- Parental drug/alcohol use
- Parental unemployment
- Substance use among parents
- Lack of adult supervision
- Poor attachment with parents
- Family dysfunction
- Family member with schizophrenia
- Poor parental supervision
- Parental depression
- Sexual abuse



- Peer rejection
- Stressful events
- Poor academic achievement
- Poverty
- Community-level stressful or traumatic events
- School-level stressful or traumatic events
- Community violence
- School violence
- Poverty
- Traumatic event
- School failure
- Low commitment to school
- Not college bound
- Aggression toward peers
- Associating with drug-using peers
- Societal/community norms about alcohol and drug use



(school/community risk factors continued)

- Urban setting
- Poverty
- Associating with deviant peers
- Loss of close relationship or friends
- Positive physical development
- Academic achievement/intellectual development
- High self-esteem
- Emotional self-regulation
- Good coping skills and problem-solving skills
- Engagement and connections in two or more of the following contexts: school, with peers, in athletics, employment, religion, culture
- Family provides structure, limits, rules, monitoring, and predictability
- Supportive relationships with family members
- Clear expectations for behavior and values
- Presence of mentors and support for development of skills and interests
- Opportunities for engagement within school and community
- Positive norms
- Clear expectations for behavior
- Physical and psychological safety



- Early-onset depression and anxiety
- Need for extensive social support
- Childhood history of untreated anxiety disorders
- Childhood history of poor physical health
- Childhood history of sleep and eating problems
- Poor physical health
- Lack of commitment to conventional adult roles
- Antisocial behavior
- Head injury



- Parental depression
- Spousal conflict
- Single parenthood
- Leaving home
- Family dysfunction



- Decrease in social support accompanying entry into a new social context
- Negative life events
- Attending college
- Substance-using peers
- Social adversity



- Identity exploration in love, work, and world view
- Subjective sense of adult status
- Subjective sense of self-sufficiency, making independent decisions, becoming financially independent
- Future orientation
- Achievement motivation



- Balance of autonomy and relatedness to family
- Behavioral and emotional autonomy



- Opportunities for exploration in work and school
- Connectedness to adults outside of family

Disorders

- depression
- anxiety
- substance abuse
- schizophrenia
- conduct disorders

Type of Factor

- ▼ risk factor
- ▼ protective factor

Sources of Risk/Protective Factors

- individual
- family
- school/community

EARLY ADULTHOOD



Save the Dates: Statewide Webinar Trainings for Local Mental Health Boards/Commissions

System Requirements PC-based attendees

Required: Windows® 7, Vista, XP or 2003 Server

System Requirements Macintosh®-based attendees

Required: Mac OS® X 10.5 or newer

Wednesday, 1/11/2012

Orientation to Webinars for Novices

To Support LMHBC Members in Learning to Use Technology to Access Trainings

12:00 PM – 1:00 PM and 5:00 PM – 6:00 PM

Note: Participants must be able to attend the session

Reserve your Webinar seat now at:

<https://www1.colostate.edu/register/574530736/12-11> or
<https://www1.colostate.edu/register/574530736/5-6>

Saturday, 2/11/2012

Mental Health Board 101:

Roles and Responsibilities of LMHBC and Building an Effective LMHBC

10:00 AM – 12:30 PM

Reserve your Webinar seat now at:

<https://www1.colostate.edu/register/772633361>

Wednesday, 3/7/2012

Advanced Mental Health Board 101:

Evaluating Mental Health Programs and Developing Annual Board Reports

5:00 PM – 7:30 PM

Reserve your Webinar seat now at:

<https://www1.colostate.edu/register/762033137>

Saturday, 4/7/2012

Co-Occurring Disorders: Integrated Dual Disorder Treatment

10:00 AM – 12:30 PM

Reserve your Webinar seat now at:

<https://www1.colostate.edu/register/152714113>

SPECIAL "SAVE THE DATE"

STATEWIDE "IN-PERSON" LMHBC MEMBER TRAINING

Saturday, April 21, 2012 in Los Angeles

For more information, contact Donna Matthews at dmatthews@cimh.org or Katie Culliton at
Katie.culliton@cimh.org